

# Optimistic Living Counseling, LLC

## Consent to Release Information

I, \_\_\_\_\_, DOB: \_\_\_\_\_, authorize \_\_\_\_\_

to send and receive information about my treatment to the following agency or person:

Name: \_\_\_\_\_ Agency: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

\_\_\_\_\_ Academic testing results

\_\_\_\_\_ Psychological testing results

\_\_\_\_\_ Behavior Programs

\_\_\_\_\_ Service Plans

\_\_\_\_\_ Case notes

\_\_\_\_\_ Summary Report

\_\_\_\_\_ Intelligence testing results

\_\_\_\_\_ Vocational testing results

\_\_\_\_\_ Medical records

\_\_\_\_\_ Entire records

\_\_\_\_\_ Personality Profile

\_\_\_\_\_ Progress Reports

\_\_\_\_\_ Psychological reports

\_\_\_\_\_ Other (specify)

The above information will be used for the following purposes:

\_\_\_\_\_ Planning appropriate treatment or program

\_\_\_\_\_ Continuing appropriate treatment or program

\_\_\_\_\_ Case review

\_\_\_\_\_ Updating files

\_\_\_\_\_ Other (specify): \_\_\_\_\_

I understand that I may revoke this consent at any time by providing written notice, and after one year this consent automatically expires. I have been informed what information will be given, its purpose, and who will receive the information. Information will only be released with a hard copy provided. I understand that a consultation with my therapist is highly recommended before any information is released.

Client's signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/guardian: \_\_\_\_\_ Date: \_\_\_\_\_

Witness (if client is unable to sign): \_\_\_\_\_ Date: \_\_\_\_\_

Person informing client of rights: \_\_\_\_\_ Date: \_\_\_\_\_